

Dental Care at DCFC!

DCFC has partnered with Children's Dental Services to offer dental care from the clinic. Children's Dental Services is a non-profit dental clinic that accepts all forms of insurance. CDS offers free and reduced cost care based on income, can help patients apply for insurance or discounted care, and can create payment plans as necessary. Services include cleanings, exams, fillings, sealants, crowns, extractions, fluoride, x-rays and more. Now serving patients of all ages!

CDS is scheduling appointments for **May 4th**.

To schedule, please call 612-746-1530

Open Cities Mobile Eye Clinic

Open Cities conducts a monthly eye exam clinic at DCFC. They provide complete eye exams to anyone who needs them, regardless of ability to pay. Open Cities accepts most private health insurances, and Medicare and Medicaid. You may apply for a sliding scale fee if you are uninsured, and they will work with you to set up a payment plan if needed.

Now scheduling appointments for **June 3rd**

Please call the office to schedule.

Support Group Updates

Support groups have struggled online over the past year, so as summer approaches, we are hoping to hold some support groups in person! Transforming Families and the Grandparent Support Group continue to meet online as does our Two Spirit Native LGBTQIA+ group.

Watch our social media for updates.

"It's Complicated," the African American Youth Group wraps up in mid-May. This group has been successful and we now having funding to keep it going another 2 years!

A big thanks to Adenike Chon, Jason Sole and Harrell Mathieu for running such an important group.

For more information on meetings, please email Heather Tidd at heather@dakotachildandfamily.org

Please consider donating to help us continue on our mission of health care for people, not for profit!
<https://www.givemn.org/organization/Dakota-Child-And-Family-Clinic-Pa>

Important Appointment Updates

"I need a Sports or Camp Physical form filled out."

Please schedule a wellness exam. These appointments take more time in the clinic and cannot be accomplished at a Med Check. If your child has had a wellness exam within the last year, call the office to see if forms can be filled out without an appointment.

"I need a letter or form filled out by my provider for work."

Please message your provider on the portal or call the office to see if you need to schedule an appointment.

"I come in once a year. What kind of appointment do I need?"

A Physical, PAP/Reproductive Organs appointment, or a Yearly Check Up is called a Wellness Exam. These appointments are longer and include blood pressure and other vitals, labs, overall examination and consultation. If you do a Wellness Exam somewhere else and just see your DCFC Provider for medication, please schedule a Yearly Med Check. Med Checks are focused on your prescribed medication and their effects.